

COURSES AT CUBUS

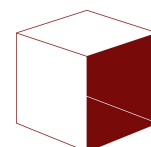
In addition to physiotherapy and massage treatments, we offer various group courses at Cubus.

CURRENT COURSES:

- Postnatal Training - Mon 10:00-11:00**
- Strength & Conditioning - Mon 12:10-12:55**
- Yogalates - Tue 12:10-12:55**
- Pilatesflows - Tue 18:10-18:55**
- Ready for Summer 1 - Tue 19:30-20:30**
- Ready for Summer 2 - Tue 20:35-21:35**
- Kangoo Bounce - Thurs 19:10-20:10**
- Ready for Summer 3 - Thurs 19:30-20:30**
- TRX Training - Fri 12:10-12:55**

Interested? You can get more information from your therapist or on the flyers in the waiting area or on the website.

We look forward to your registration via kurs@cubusphysio.ch.



**CUBUS
PHYSIO
ZUG**

Physio | Sport | Massage